



# Heritage Park & Community Center

Presents

## ASPIRE

Monday – Thursday

2:00PM – 4:00PM

Friday

1:00PM – 4:00PM

**FREE!!!**

*Drop by and join in the fun!*



For More information contact us at (619)409-5439  
Heritage Park & Community Center  
1381 E. Palomar Street, Chula Vista CA, 91913

# April

Sun

Mon

Tue

Wed

Thu

Fri

Sat

					1 <b>FUN FRIDAY</b>	2
3	4 Dodgeball	5 UNO Tournament Day	6 Workout Wednesday: Squats	7 Movie Day	8 <b>FUN FRIDAY</b>	9
10	11 Craft Day	12 Connect Four Tournament Day	13 Workout Wednesday: Lunges	14 Movie Day	15 <b>Easter FUN FRIDAY</b>	16
17	18 Musical Chairs	19 Pin Pon Tournament Day	20 Workout Wednesday: Push Ups	21 Movie Day	22 <b>FUN FRIDAY</b>	23
24	25 Freeze Dance	26 Basketball Tournament Day	27 Workout Wednesday: Burpees	28 Movie Day	29 <b>FUN FRIDAY</b>	30

*It's 2' o clock and schools out!*

Stop by and check out the after school ASPIRE program. This is a drop-in program and is offered to all youth ages 5-16 years old. Enjoy a variety of free activities from arts & crafts, games, movies, fitness, tournaments and special events, led by trained recreational staff.